

February 11, 2014

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Thursday, February 20
ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care

Friday, February 21
Pain Assessment and Management— What You Must Know

Wednesday, February 26
Professionalism in Nursing: Creating Excellence and Power in Nursing

Wednesday, February 26
SCHOOLS TITAN: Medical Management of the HIV Patient

Friday, February 28
Heart Talks 2014

Wednesday, March 5
IV Therapy

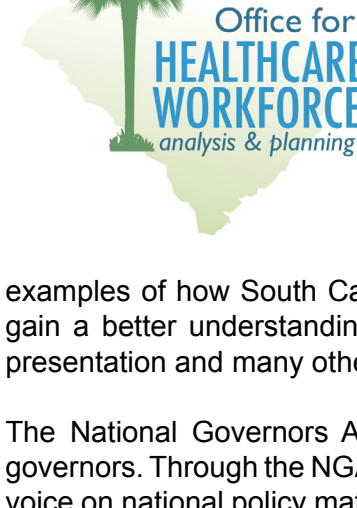
[For more information about events and a full listing of upcoming programs, please visit our website.](#)

[Featured Enduring CE](#)

Managing Challenging Behaviors in Children with Special Needs
Available at AHECU
<http://ahecu.org/>

Visit South Carolina AHEC Regional Centers

SCAHEC's Director of The Office for Healthcare Workforce Analysis and Planning Speaks to National Governors Association

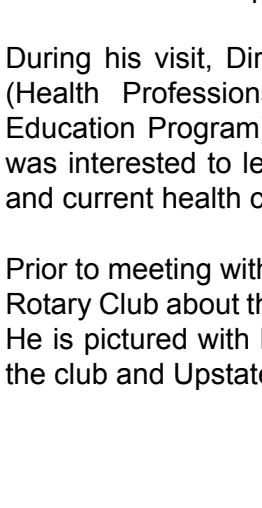


Linda M. Lacey, South Carolina AHEC's Director of the Office for Healthcare Workforce Analysis and Planning, traveled to Washington D.C. in January to speak to the National Governors Association (NGA) Center for Best Practices. The two day conference, entitled "Learning from Each Other: the Roles of States in Transforming Their Health Systems" was designed as a way for states to share the tools and strategies they are using to move toward healthcare systems that produce more value for the dollar and better outcomes for patients. Linda presented examples of how South Carolina is using information from a variety of sources to gain a better understanding of healthcare workforce dynamics in the state. Her presentation and many others from the conference are available online [here](#).

The National Governors Association is a bipartisan organization of the nation's governors. Through the NGA, governors share best practices, speak with a collective voice on national policy matters and develop innovative solutions that improve state government and support the principles of federalism.

To find out more about what South Carolina's Office for Healthcare Workforce Analysis and Planning is working on, visit their [website](#).

Director of South Carolina Health and Human Services Visits Upstate AHEC



Anthony (Tony) Keck, director of the South Carolina Department of Health and Human Services (DHHS), met with the staff of Upstate AHEC on January 14 to discuss current AHEC programs and the potential for future collaborations. Since April 2013, South Carolina AHEC and its four regional AHEC Centers have partnered with DHHS on a broad statewide initiative to develop South Carolina's first Community Health Worker (CHW) program among 14 clinical healthcare practices throughout the state.

The objective of the CHW program is to improve patient care and health outcomes through compliance in areas such as health screenings, maintaining patient appointments and adherence to medication regimens. Sarah Tice, Upstate's CHW coordinator, shared CHW success stories and provided Director Keck with information regarding how individual CHWs are using creative strategies to reach out to patients in order to improve health outcomes. Director Keck also provided updated information to the Upstate AHEC staff on the status of the CHW program throughout the state of South Carolina.

During his visit, Director Keck heard details of the AHEC's three core programs (Health Professions Student Program, Health Careers Program, Continuing Education Program) and asked questions regarding additional joint projects. He was interested to learn about the support AHEC provides to all levels of potential and current health care providers.

Prior to meeting with the Upstate AHEC staff, Director Keck spoke to the Greenville Rotary Club about the changing face of healthcare in South Carolina and the nation. He is pictured with Mike Riordan, CEO of Greenville Health System, a member of the club and Upstate AHEC consortium member.

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Bench 2 Bedside: Bridging a Gap in the Health Professions Pipeline



The South Carolina AHEC offers pre-health undergraduate students curricular guidance and skills development to enhance their ability to compete academically and to develop strong applications for health careers training programs. With funding from The Duke Endowment, the Bench to Bedside (B2B) initiative addresses the lack of diversity in South Carolina's healthcare workforce. Through a series of facilitated monthly seminars, participants receive opportunities to promote the development of social skills and competencies valued in the classroom and workplace. These seminars also allow participants to demonstrate the knowledge and competencies that are integral components of every undergraduate program of study.

The SC AHEC partners with Claflin University, Clemson University, Coastal Carolina University, College of Charleston, and Winthrop University to host the intercollegiate experience using the SCHOOLS videoconferencing network. Greenville Technical College joins the regional AHEC centers as host viewing sites for undergraduates not enrolled with one of the partnering campuses or who reside off-campus. The B2B initiative began in 2012 with the financial support of a three-year Duke Endowment grant. To date, over 200 students have participated in monthly seminars.

Registration is currently open for the Spring 2014 B2B Student Success Seminar Series, kicked-off on January 22nd with the seminar, *Bench 2 Bedside: An Overview of Summer Experiential Opportunities*. Five seminars remain in the spring 2014 Series:

- | | |
|-------------|--|
| February 12 | Engaging in Research |
| February 26 | MUSC College of Health Professions |
| March 5 | An Inter-professional Delivery of Care: Diabetes |
| March 26 | MUSC Colleges Admissions Overview |
| April 9 | Funding Your Health Professions Education: Beyond the Basics |

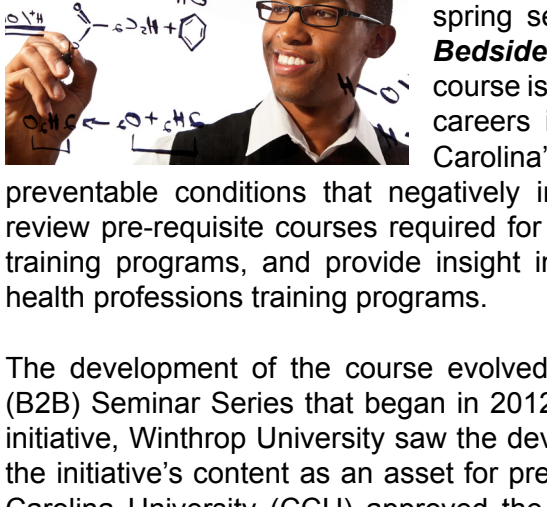
Participation is available at no cost and can be confirmed in SCHOOLS by registering at www.scahec.net/SCHOOLS.

For more information, visit <http://scahec.net/hcp/activities.html>.

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Lowcountry AHEC Co-Hosts "Mingling at the Museum" in Walterboro

Diane M. Mathews, Center Director, Lowcountry AHEC
Leslie M. Brady, Director of Development and Alumni Affairs, MUSC College of Health Professions



On Thursday evening, January 23, 2014, Dean Lisa Saladin and several Medical University of South Carolina College of Health Professions' faculty and staff gathered with the college's local alumni at the newly restored Colleton Museum and Farmer's Market in Walterboro, SC. This unique gathering was developed to allow alumni to meet or reacquaint themselves with Dean Saladin and her faculty and staff while allowing alumni to remain in the community where they work and live. "We care about our alumni and want to stay connected to them as much as possible," remarked Dean Saladin.

In attendance were many local alumni and some who traveled from as far away as Mount Pleasant to meet the Dean. The refurbished museum and reception area were well received by all. Attendees were delighted with the relaxed atmosphere, hors d'oeuvres, and most of all reconnecting and networking with others. The food was delicious and the company very enjoyable.

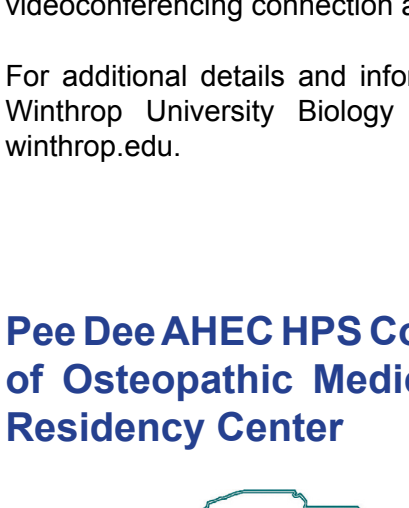
Dean Saladin announced that the next gathering will be held in Greer, SC on March 6. For more information about the next local alumni event, please contact Leslie Brady at bradyl@musc.edu or 843-792-8547.

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Bridging the Gap: An Intercollegiate Educational Experience



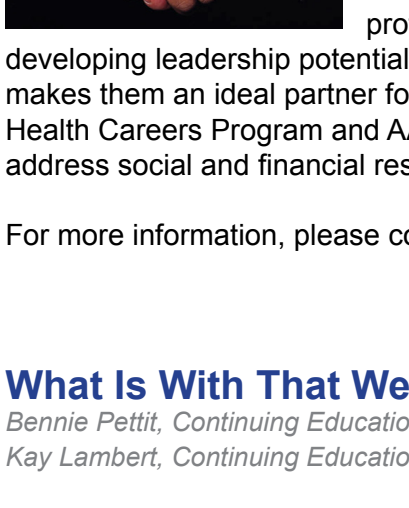
The Winthrop University Department of Biology is forging new trails. A new course for elective undergraduate credit has been added to Winthrop's spring semester course offering, *The Bench to Bedside: Pre-Health Professions Preparation* course is designed to introduce students to various careers in health, present an analysis of South Carolina's health report card and the common preventable conditions that negatively impact the health of South Carolinians, review pre-requisite courses required for admission and success in health career training programs, and provide insight into activities that impact admission into health professions training programs.

The development of the course evolved from the SC AHEC Bench to Bedside (B2B) Seminar Series that began in 2012. As a partner in the B2B intercollegiate initiative, Winthrop University saw the development of a structured course utilizing the initiative's content as an asset for pre-health undergraduate students. Coastal Carolina University (CCU) approved the transferability of the course as elective credit for science majors. CCU students participate in the weekly class using the SCHOOLS videoconferencing network. The 1-hour credit course is offered at a reduced tuition rate for enrollees and is available to any undergraduate campus with videoconferencing connection ability.

For additional details and information, please contact Dr. Dwight Dimaculangan, Winthrop University Biology Department Chair/Professor at dimaculangad@winthrop.edu.

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Pee Dee AHEC HPS Collaborating with Edward Via College of Osteopathic Medicine and McLeod Family Medicine Residency Center



Pee Dee AHEC Health Professions Student (HPS) coordinators have ventured into a new medical education opportunity for the Pee Dee region. The McLeod Family Medicine Residency Center has contracted with Edward Via College of Osteopathic Medicine (VCOM) to provide clinical placements for third and fourth year medical students. Pee Dee AHEC is assisting McLeod Family Medicine in placing these Doctor of Osteopathic Medicine (D.O.) students in their core curriculum clinical rotations.

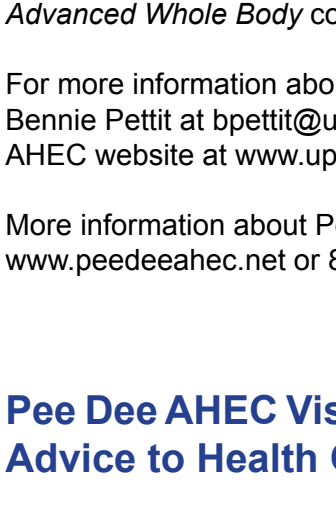
There are 16 students from the VCOM Carolinas Campus (Spartanburg, SC) spending their third year in Florence, SC. All of these students are rotating at McLeod Health and at various AHEC sites throughout the Pee Dee region. The core placements include Family Medicine, Internal Medicine, Underserved Care, Geriatrics, Pediatrics, Women's Health, Psychiatry and Surgery.

Pee Dee AHEC is pleased to collaborate with McLeod Family Medicine and VCOM in order to provide exceptional education to our future healthcare providers. The HPS coordinators have worked to increase the network of preceptors to enable availability for these new rotation opportunities. The value of the clinical rotation experience is immeasurable in the education of a medical student.

For more information, please contact Kam Richardson at KRichard@McLeodhealth.org or Traci Coward at TCoward@McLeodhealth.org.

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Upstate AHEC's "Night of Networking" Helps Strengthen Students' Career Skills



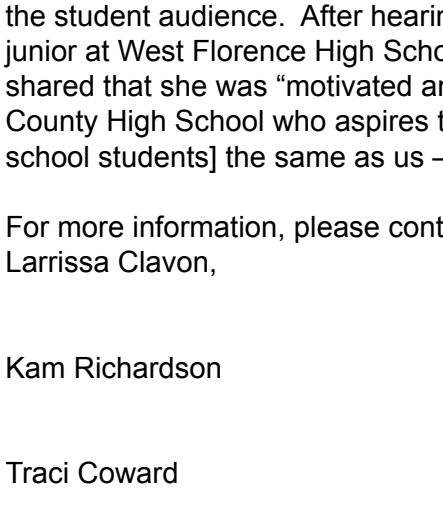
Upstate AHEC's Health Careers Academy is teaming up with the African American Male Leadership Institute (AAMLI) at Greenville Technical College and the Greenville Hospital Health Careers Club to offer a "Night of Networking" that will enable participants to strengthen leadership skills and participate in professional development. AAMLI's commitment to developing leadership potential and promoting academic and personal success makes them an ideal partner for promoting student success. Upstate AHEC's Health Careers Program and AAMLI are also partnering on future projects that will address social and financial responsibility and effective communication.

For more information, please contact Nita Donald at ddonald@upstateahec.org.

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What Is With That Weird Tape Olympians Are Wearing?

Bennie Pettit, Continuing Education Coordinator, Upstate AHEC
Kay Lambert, Continuing Education Coordinator, Pee Dee AHEC



Kinesio tape, the latest Olympic accessory, has been around for decades. The method is known as the "gold standard" for therapeutic rehabilitative taping and was developed in Japan over 25 years ago. However, interest in the accessory soared at the 2012 London Olympics when the strategically placed tape was spotted stretching and spiraling in interesting patterns on some athletes. During the Winter Olympics in Sochi, Russia, Kinesio tape is once again in the spotlight. Impress your family and friends with your knowledge of Kinesio tape while watching Olympic athletes stretch and strain their muscles in their quest to win the gold!

Kinesiology tape, or Kinesio tape for short, is a flexible, cloth tape, which is applied to achy muscles to relieve pain or to encourage muscles to work more efficiently. Kinesio tape is used for a variety of physical disorders such as muscular disorders, lymphedema reduction and athletic injuries. Healthcare professionals are specifically trained to apply the tape over the muscles in precise ways. The tape then exerts force on the muscles for better synchronization.

Pee Dee AHEC offered the *KT1 Fundamental Concepts* and *KT2 Advanced Concepts and Correctives Techniques* courses in Florence, South Carolina on January 24-25, 2014 for rehabilitative staff. Practitioners as well as physical therapist students were able to learn about the use of the tape and many emphasized what a good opportunity the programs were for those in the rehabilitative field.

Miss out on the opportunity in the Pee Dee region? Upstate AHEC will be offering *KT1 Fundamental Concepts* and *KT2 Advanced Concepts and Corrective Techniques* courses again March 14 - 15, 2014.

Additionally, Upstate AHEC will also offer the advanced *KT3: Kinesio Taping@ Advanced Whole Body* course on May 9, 2014.

For more information about the upcoming KT1 and KT2 or KT3 courses contact Bennie Pettit at bpettit@upstateahec.org or 864-349-1162 or visit the Upstate AHEC website at www.upstateahec.org.

More information about Pee Dee AHEC and their course offerings can be found at www.peedeeahhec.net or 843-777-5343.

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Pee Dee AHEC Visiting Health Professions Students Offer Advice to Health Careers Academy Students

A new year kicked off with health professions students on clinical rotations in the Florence area serving as guest speakers for the Pee Dee AHEC January Health Careers Academy classes at McLeod Family Medicine Center in Florence, SC.

January's guest speakers Kristina Long, Allister Wilton, and Justin Yang, all students at the Medical University of South Carolina, stated that their interest in pursuing a health career began as children.

Long, a graduating physician assistant student, spoke to the 9th and 10th graders. Standing with poise and speaking clearly, Long explained her path returning to school to become a physician assistant came after having earned a bachelor's degree from Coastal Carolina University and an associate's degree from Horry Georgetown Technical College. She gave an overview of what a physician assistant does and answered questions from students. In keeping with the "HCA Character Module," Long shared the character traits that have helped her as a graduate health professions student are "self-determination" and "patience".

Allister Wilton and Justin Yang, both third year medical school students, spoke to the 11th and 12th graders. Offering two different perspectives, Wilton and Yang shared their experiences on choosing an undergraduate college and applying for medical school, coping with stress, learning to study, and balancing life as medical school students. Both gave serious advice while managing to evoke laughter from the student audience. After hearing Wilton and Yang speak, Heather Harrell, a junior at West Florence High School who aspires to become a registered nurse, shared that she was "motivated and inspired." Eric Little, a junior at Marlboro County High School who aspires to become a dentist, shared, "They're [medical school students] the same as us – normal people."

For more information, please contact:
Larrissa Clavon, Health Careers Program Coordinator
lclavon@mcleodhealth.org
Kam Richardson, Health Professions Coordinator
krichard@mcleodhealth.org
Traci Coward, Health Professions Coordinator
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South Carolina Nurses Recognized at the 33rd Annual South Carolina School Nurse Conference

Chantelle Ogden, Continuing Education Coordinator, Lowcountry AHEC



On January 24-25, 2014, over 400 school nurses from across the state of South Carolina gathered to celebrate school nursing and participate in continuing education to improve nursing care for school children. The conference was held at the Brookland Banquet and Conference Center in West Columbia, and offered Nursing, Social Work and Pharmacology Credit for Nurse Practitioners.

"Human Trafficking in School Aged Youth" was the topic for the first day. Speakers from Boston, Massachusetts and the My Life My Choice/Justice Resource Institute shared information on what child sexual exploitation may look like to an outsider. A South Carolina panel from the Attorneys General's Office, the FBI, and The Dee Norton Lowcountry Children's Center were included to highlight what is being done to combat this problem in South Carolina and what resources are available in the community. Participants indicated that the panel was a great addition to the program and one participant remarked, "As a result of increased knowledge, I will be more tuned to one to look for."

The conference's second day featured a wide variety of topics and activities that were equally well received by participants. Sessions included Health Plans and 504 Plans, Understanding Psychopharmacology, Dental Emergencies, Obesity, and Excellence Through Laughter.

Several topics for next year's conference were also suggested. The conference planning committee will resume its monthly meetings again in March to begin planning for the 34th Annual South Carolina School Nurse Conference in 2015.

For more information, please contact Chantelle Ogden at ogdeno@lcahec.com.

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Attention Undergraduates: 2014 Summer Academy Applications are Now Available

Applications for the 2014 Health Careers Summer Academy are now being accepted by the South Carolina AHEC Health Careers Program. The Summer Careers Academy is designed to increase the acceptance, retention, and graduation rates of under-represented minority and disadvantaged students to nursing, dental medicine, medicine, pharmacy, occupational therapy, and physician assistant training programs in South Carolina. Sponsored on the campus of the Medical University of South Carolina (MUSC) on June 8 - 13, 2014, the Academy offers a short immersion experience to life as a health professions student enrolled at South Carolina's oldest health professions education institution.

Addy Dobson, a previous Academy participant, found the experience an opportunity to "realize what I really wanted to pursue was nursing, and I realized I too was a much better fit for it as well. Through the Academy I was able to meet and talk with some very wise and experienced people in the medical field that helped me learn more about the education and careers of a physician assistant and nurse practitioner." After learning of her acceptance to the University of South Carolina Lancaster nursing program in January, Addy shared, "I am happy where I am in life and with my education. I owe it all to the exposure that the AHEC Summer Careers Academy was able to give me."

Individuals 18 years of age or older, who are able to demonstrate a sincere interest in careers within the associated health fields, are encouraged to apply prior to March 21, 2014. Selected Academy participants are provided with housing and meals throughout the program and are eligible to receive a stipend of \$200. AHEC collaborates with the MUSC Colleges of Dental Medicine, Medicine, Nursing, Health Professions, MUSC Library, and the South Carolina College of Pharmacy to sponsor the annual Academy. Application for the Academy requires a non-refundable \$25 application fee. For additional information and to access the 2014 application for electronic submission or download, visit the [website](#).

If you have questions, please contact Paula Jones at 843-792-4443 or jonespa@musc.edu.

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Statewide Series of Interdisciplinary HIV Case-Based Discussions This Spring

The South Carolina AHEC is partnering with the University of South Carolina School of Medicine and Palmetto Health to present the TITAN Case Conference, an ongoing series of interdisciplinary case-based discussions relating to HIV. Programs will be available on a monthly basis starting February 26 with Medical Management of the HIV Patient and continuing through June. The live presentations will be available statewide via SC AHEC's SCHOOLS videoconferencing network on the fourth Wednesday of each month at 1:00pm.

For more information or to register for February's TITAN program, visit www.scahec.net/schools.

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